

	NAUTILUS BOOK AWARDS ~ 2019 Season AWARD WINNERS			note: Award Winners are listed in each category Alphabetically by Author's last name.
Rev: 5-07-20	BOOK TITLE	Author first	AUTHOR lastname & co-author	Publisher
01,	AGING CONSCIOUSLY			
GOLD	This Chair Rocks	Ashton	Applewhite	Celadon Books
GOLD	Fighting for My Life: How to Thrive in the Shadow of Alzheimer's	Jamie	Tyrone, & Marwan Sabbagh MD, with John Hanc	W Publishing /Thomas Nelson
SILVER	Aging Backwards: Fast Track	Miranda	Esmonde-White	Harper Wave /HarperCollins
SILVER	EightySomethings: Practical Guide to Letting Go, Aging Well & Finding Unexpected Happiness	Katharine	Esty, PhD	Skyhorse Publishing
SILVER	Piloting Your Life	Terri Hanson	Mead	Class Bravo Ventures
SILVER	Lifespan: Why We Age, and Why We Don't Have To	David A	Sinclair PhD, with Matthew D LaPlante	Atria Books /Simon & Schuster
02,	ANIMALS and NATURE			
GOLD	SuperNavigators: Exploring the Wonders of How Animals Find Their Way	David	Barrie	The Experiment
GOLD	Bringing Back the Birds: Exploring Migration & Preserving Birdscapes Throughout the Americas	---	American Bird Conservancy; photos by Owen Deutsch	Braided River /Mountaineers
SILVER	Breath of a Whale, The	Leigh	Calvez	Sasquatch Books
SILVER	Salmon Way, The: An Alaska State of Mind	Amy	Gulick	Braided River /Mountaineers
SILVER	Animal Sutras: Animal Spirit Stories	Stephen	Levine	Monkfish Book Publishing
SILVER	For Love of Orcas: An Anthology	Andrew Shattuck	McBride; & Jill McCabe Johnson, Eds.	Wandering Aengus Press
03,	BODY ~MIND ~SPIRIT PRACTICES			
GOLD	SIGNS: The Secret Language of the Universe	Laura Lynne	Jackson	Spiegel & Grau /Penguin RH
GOLD	Healing Nature Trail, The: Forest Bathing for Recovery and Awakening	Tamarack	Song	Snow Wolf Publishing
SILVER	Ayurvedic Self-Care Handbook, The	Sarah	Kucera	The Experiment
SILVER	Unleash the Dragon Within	Steven	Macramalla	North Atlantic Books
SILVER	Yoga and the Art of Mudras	Nubia	Teixeira	Mandala Publishing
SILVER	Illustrated Bestiary, The	Maia	Toll	Storey Publishing
04,	BUSINESS & LEADERSHIP			
GOLD	Reboot: Leadership and the Art of Growing Up	Jerry	Colonna	HarperBusiness /HarperCollins
GOLD	Gift of Struggle, The: Life-Changing Lessons About Leading	Bobby	Herrera	Bard Press
SILVER	How to Be an Inclusive Leader	Jennifer	Brown	Berrett-Koehler Publishers
SILVER	Tao of IT, The	Craig	Dupler	Self
SILVER	Ditch the Act: Reveal the Surprising Power of the Real You for Greater Success	Ryan	Foland, & Leonard Kim	McGraw-Hill
SILVER	Hero Factor, The: How Great Leaders Transform Organizations and Create Winning Cultures	Jeffrey	Hayzlett, with Jim Eber	Entrepreneur Press
05,	CREATIVITY & INNOVATION			
GOLD	Deep Creativity: Seven Ways to Spark Your Creative Spirit	Deborah Anne	Quibell, Jennifer Leigh Selig, & Dennis Patrick Slattery	Shambhala Publications
GOLD	Creativity Takes Courage: Dare to Think Differently	Irene	Smit, & Astrid van der Hulst	Workman Publishing
SILVER	Draw Breath - The Art of Breathing	Tom	Granger	Vie / Summersdale
SILVER	Creative Calling	Chase	Jarvis	HarperBusiness /HarperCollins
SILVER	Why We Quilt: Contemporary Makers Speak Out	Thomas	Knauer	Storey Publishing
SILVER	My Creative Space: How to design your home to stimulate ideas and spark innovation	Donald M	Rattner	Skyhorse Publishing
06,	ECOLOGY & ENVIRONMENT			
GOLD	BIG THAW, The: Ancient Carbon, Modern Science, and a Race to Save the World	Chris	Linder, photography; text, Eric Scigliano, Dr Max Holmes & leaders of Woods Hole Polaris Project	Braided River /Mountaineers
**	The BIG THAW was awarded Special Honors as 2019 Nautilus Grand Prize Winner			
GOLD	Fantastic Fungi	Paul	Stamets, with contributors. Photography by Louie Schwartzberg	EarthAware Editions
SILVER	Changing Tides	Alejandro	Frid	New Society Publishers NSP

SILVER	Oasis This Time, The: Living & Dying with Water in the West	Rebecca	Lawton	Torrey House Press
SILVER	Ecological Footprint: Managing Our Biocapacity Budget	Mathis	Wackernagel, & Bert Beyers	New Society Publishers NSP
SILVER	Wild Elephants	Art	Wolfe, & Dr. Samuel Wasser	EarthAware Editions
SILVER	We Are Puget Sound: Discovering and Recovering the Salish Sea	David	Workman	Braided River /Mountaineers
07A,	FICTION (Self-Published & Small Press)			
GOLD	Busara Road	David Hallock	Sanders	New Door Books
SILVER	Lineage of the Trees	Jane	Brunette	Flamingseed Press
SILVER	To Follow Elephants: a novel	Rick	Hodges	Stormbird Press
SILVER	Painted Oxen	Thomas Lloyd	Qualls	Homebound Publications
SILVER	Becoming Herself	Maureen	Reid	Red Penguin Books
07B	FICTION (Large Publisher)			
GOLD	Risk of Us, The	Rachel	Howard	Houghton Mifflin Harcourt HMH
GOLD	Unsheltered	Barbara	Kingsolver	Harper / HarperCollins
SILVER	Africaville	Jeffrey	Colvin	Amistad /HarperCollins
SILVER	Wild Impossibility, The	Cheryl A	Ossola	Regal House Publishing
SILVER	Same River, The	Lisa	Reddick	She Writes Press
SILVER	Alchemy of Noise, The	Lorraine Devon	Wilke	She Writes Press
08,	FOOD, COOKING, & HEALTHY EATING			
GOLD	Mediterranean Functional Lifestyle, The	Nikos	Ligidakis	Inkwell Books
GOLD	Fate of Food, The	Amanda	Little	Harmony Books /Crown Penguin RandomHouse
SILVER	Fire Cider!	Rosemary	Gladstar & Friends	Storey Publishing
SILVER	Umami Bomb: 75 Vegetarian Recipes that Explode with Flavor	Raquel	Pelzel	Workman Publishing
SILVER	Nutrient-Dense Kitchen	Mickey	Trescott, NTP	Trescott LLC
09,	GIFT & SPECIALTY			
GOLD	Boy, the Mole, the Fox, and the Horse	Charlie	Mackesy	HarperOne /HarperCollins
SILVER	Life is God's Best Gift	Sam	Chege	Amistad /HarperCollins
SILVER	Mary Magdalene Daily Devotional, The	Joan	Clark	Hyphenate Productions
SILVER	ODE: Orcas Island	Sara	Farish, & Ayn Gailey	St. Ode Press
SILVER	Fly to Me: Extraordinary Lessons of Life & Death from a Little Dog	Ellie	Hansen	All God's Creatures Publishing
SILVER	Afoot and Lighthearted: A Journal for Mindful Walking	Bonnie Smith	Whitehouse	Clarkson Potter /Penguin RH
10	GREEN LIVING & SUSTAINABILITY			
GOLD	Renewal: How Nature Awakens Our Creativity, Compassion, and Joy	Andres R	Edwards	New Society Publishers NSP
GOLD	Zero Waste Life, A: In Thirty Days	Anita	Vandyke	Penguin RandomHouse
SILVER	Your Body's Environmental Chemical Burden: A Resource Guide	Cindy	Klement MS, CNS	Mindstir Media
SILVER	How to Make a Plant Love You	Summer Rayne	Oakes	Optimism Press /Penguin RH
SILVER	Clean Mama's Guide to a Healthy Home	Becky	Rapinchuk	HarperOne /HarperCollins
SILVER	WILDING	Isabella	Tree	Picador /Pan Macmillan
11	DEATH & DYING / GRIEF & LOSS			
GOLD	Reimagining Death	Lucinda	Herring	North Atlantic Books
GOLD	Dandelions Blooming in the Cracks of Sidewalks: Stories from the Bedside of the Dying	Amita	Lhamo	Mandorla Publication
SILVER	Once More We Saw Stars	Jayson	Greene	Knopf /Penguin RandomHouse
SILVER	Loss to Legacy: A stepping stone path to healing and transformation	Lily Myers	Kaplan	Rainbow Bridge Press /Spirit of Resh Foundation
SILVER	Finding Meaning: The Sixth Stage of Grief	David	Kessler	Scribner /Simon & Schuster
SILVER	Carry On Castle	Jennifer	Stults	Self
SILVER	Star Sisters: An Astrologer's Memoir of Twin Loss	Linda Moonrabbit	Zlotnick	Moonrabbit Press
12	HEALTH, HEALING, WELLNESS & VITALITY			

GOLD	Gravity & Grace: How to Awaken Your Subtle Body and the Healing Power of Yoga	Peter	Sterios	Sounds True
GOLD	Abundantly Well - The Wise Woman Way	Susun S	Weed	Ash Tree Publishing
SILVER	Camel Crazy: A Quest for Miracles in the Mysterious World of Camels	Christina	Adams	New World Library
SILVER	HEAL: Discover Your Unlimited Potential and Awaken the Powerful Healer Within	Kelly Noonan	Gores	Atria /Beyond Words
SILVER	My Garden of Flowers: Miracles in the Neonatal Intensive Care Unit	Manjeet	Kaur MD	Inspirante Publishing
SILVER	Healing with Spiritual Practices	Thomas G	Plante PhD	Praeger /ABC-CLIO
13	HEROIC JOURNEYS			
GOLD	MISSING: A World War II Story of Love, Friendship, Courage, and Survival	Kenneth D	Evans	Starhaven Publishing
GOLD	Your Heart, My Hands: An Immigrant's Remarkable Journey to Become one of America's Preeminent Cardiac Surgeons	Arun K.	Singh, with John Hanc	Center Street /Hachette Book Group
SILVER	You Are Worth It: Building a Life Worth Fighting For	Kyle	Carpenter	Wm Morrow /HarperCollins
SILVER	Blink of an Eye, The: a memoir of dying – and learning how to live again	Rikke Schmidt	Kjaergaard	The Experiment
SILVER	Love Prevails: One Couple's Story of Faith and Survival in the Rwandan Genocide	Jean Bosco	Rutagengwa	Orbis Books
SILVER	Hummingbird in Underworld: Teaching in a Men's Prison	Deborah	Tobola	She Writes Press
14	INNER PROSPERITY & RIGHT LIVELIHOOD			
GOLD	Night Threads: A Weaving of Soul Stories from the Dreamtime	Susan Andra	Lion	Sue Lion Ink & Art Publishing
GOLD	Kintsugi: Finding Strength in Imperfection	Celine	Santini	Andrews McMeel Publishing
SILVER	Best Self: Be You, Only Better	Mike	Bayer	Dey Street Books /HarperCollins
SILVER	Spirit Embraced: A Guiding Memoir for a Life Authentic and Free	Kim	Colella	Spirit Doula Press
SILVER	Book of Help, The: A Memoir in Remedies	Megan	Griswold	Rodale /Penguin RandomHouse
SILVER	Impact of Identity: The Power of Knowing Who You Are	Irina	Nevzlin	Self
15	JOURNALISM & INVESTIGATIVE REPORTING			
GOLD	OPEN SEASON	Ben	Crump	Amistad /HarperCollins
GOLD	BLOWOUT	Rachel	Maddow	Crown /RandomHouse
GOLD	An Elegant Defense: The Extraordinary New Science of the Immune System	Matt	Richtel	Wm Morrow /HarperCollins
SILVER	Tinderbox: The Untold Story of the UpStairs Lounge Fire & the Rise of Gay Liberation	Robert W	Fieseler	Liveright Publishing /WW Norton
SILVER	BITTEN: The Secret History of Lyme Disease	Kris	Newby	HarperWave /HarperCollins
SILVER	In a Day's Work: The Fight to End Sexual Violence Against America's Most Vulnerable Workers	Bernice	Yeung	The New Press
16A	MEMOIR & PERSONAL JOURNEY /Self-Pub or Small Press			
GOLD	Trove: A Woman's Search for Truth and Buried Treasure	Sandra A	Miller	Brown Paper Press
GOLD	Sooner Than Tomorrow: A Mother's Diary About Mental Illness, Family, and Everyday Life	Dede	Ranahan	Self
SILVER	Where To? How I Shed My Baggage and Learned to Live Free	Jennifer B	Monahan	Self
SILVER	Gathering Moments in Time: Adventures of a Timeless Traveler	Ramani	Rangan	Xlibris
SILVER	Be Free. Be You.	Achea	Redd	Wise Ink Creative Publishing
SILVER	Kindness, Kale & Kettlebells: A journey to self-awareness	Sudhana	Singh	Imbue Publishing
16B	MEMOIR & PERSONAL JOURNEY /Large Publisher			
GOLD	When a Toy Dog Became a Wolf and the Moon Broke Curfew	Hendrika	de Vries	She Writes Press
SILVER	Stealing Green Mangoes	Sunil	Dutta	Anthony Burdain -Ecco /HC
SILVER	How Languages Saved Me: A Polish Story of Survival	Tadeusz	Haska (deceased) & Stefanie Naumann	Koehler Books
SILVER	Identity Theft: Rediscovering Ourselves After Stroke	Debra	Meyerson, with Danny Zuckerman	Andrews McMeel Publishing

SILVER	Uncharted: A Couple's Epic Empty-Nest Adventure Sailing from One Life to Another	Kim Brown	Seely	Sasquatch Books
17	MULTICULTURAL & INDIGENOUS			
GOLD	Barracoon: The Story of the Last "Black Cargo"	Zora Neale	Hurston; edited & with an Intro by Deborah G Plant	Amistad /HarperCollins
GOLD	Mixed Harvest: Stories from the Human Past	Rob	Swigart	Berghahn Books
SILVER	Five Hundred Year Rebellion, The: Indigenous Movements and the Decolonization of History in Bolivia	Benjamin	Dangl	AK Press
SILVER	She Faces Her Enemy - Learning Who "They" Are	Sharleen	Daugherty	Dorrance Publishing Co.
SILVER	Squeaky Wheels: Travels with My Daughter by Train, Plane, Metro, Tuk-tuk and Wheelchair	Suzanne	Kamata	Wyatt-Mackenzie Publishing
SILVER	Children's Fire: Heart-Song of a People	Mac	Macartney	Practical Inspiration Publishing
18	PARENTING & FAMILY			
GOLD	Good News About Bad Behavior, The	Katherine Reynolds	Lewis	Hachette Book Group
SILVER	Finding Chika	Mitch	Albom	Harper /HarperCollins
SILVER	Montessori Toddler, The: A Parent's Guide to Raising a Curious & Responsible Human Being	Simone	Davies	Workman Publishing
SILVER	How to Build Your Baby's Brain: A Parent's Guide to Using New Gene Science to Raise a Smart, Secure, & Successful Child	Gail	Gross	Skyhorse
SILVER	ParentShift: Ten Universal Truths That Will Change the Way You Raise Your Kids	Linda	Hatfield, Ty Hatfield, & Wendy Thomas Russell	Brown Paper Press
SILVER	Outsmarting Autism	Patricia S	Lemer	North Atlantic Books
19A	PERSONAL GROWTH /Self-Pub or Small Press			
GOLD	Dante's Road: Journey Home for the Modern Soul	Marc Thomas	Shaw	Anamchara Books
SILVER	Wisdom from the Homeless: Lessons a doctor learned at a homeless shelter	Neil	Craton MD	Friesen Press
SILVER	You-phoria: The Art of Authenticity	Gina	Haines	GH Global
SILVER	Trust Your Intuition: 100 Ways to Transform Anxiety & Depression for Stronger Mental Health	Jill	Sylvester	Old Tree House Publishing
SILVER	Breast Cancer Meets Mindfulness: Surrendering to Life	Cheryl	Wilfong	Heart Path Press
19B	PERSONAL GROWTH /Large Publisher			
GOLD	Year of Living Kindly, A: Choices that will Change Your Life and the World Around You	Donna	Cameron	She Writes Press
GOLD	Little Book of Big Lies, The	Tina	Lifford	Amistad /HarperCollins
SILVER	Be the Light That You Are	Debra Landwehr	Engle	Hampton Roads -Red Wheel/Weiser
SILVER	Your Lion Inside: Discover the Power Within and Live Your Fullest Life	Kimberly	Faith	Advantage Media Group
SILVER	Cozy: The Art of Arranging Yourself in the World	Isabel	Gillies	HarperWave /HarperCollins
SILVER	Drinking From the River of Light: The Life of Expression	Mark	Nepo	Sounds True
20	PSYCHOLOGY			
GOLD	Wounds into Wisdom: Healing Intergenerational Jewish Trauma	Tirzah	Firestone	Monkfish Book Publishing
GOLD	Sound Mind: My Bipolar Journey from Chaos to Composure	Erika	Nielsen	Trigger Publishing
SILVER	On the Edge: Help and Hope for Parenting Children with Mental Illness	Andrea Berryman	Childreth	Spotlight Marketing
SILVER	Freedom from Anxious Thoughts & Feelings: A Two-Step Mindfulness Approach...	Scott	Symington PhD	New Harbinger Publications
SILVER	8 Ways to Wellbeing for Recovering People	Sonnee	Weedn PhD	Chispa Publishing
SILVER	Advances in Psychedelic Medicine	Michael	Winkelman & Ben Sassa, Editors	Praeger /ABC-CLIO
21	PHOTOGRAPHY & THE ARTS			
GOLD	EARTHFORMS: Intimate Portraits of Our Planet	Joel	Simpson; with Daniel Sheehan, Chase Iron Eyes, Lyle Rexer & John Farndon	JSS Books
GOLD	Silent Kingdom: A World Beneath the Waves	Chris	Vizi	EarthAware Editions
SILVER	Angels Unawares: Portraits of the Homeless in L.A.	Casey Coates	Danson	Brown Books Publishing

SILVER	Jewels of Nature: A Mandala Stone Treasury	Elspeth	McLean	Happy Nest Press
SILVER	Heart of a Boy, The: Celebrating the Strength and Spirit of Boyhood	Kate T	Parker	Workman Publishing
22A	POETRY			
GOLD	Tap Out	Edgar	Kunz	Mariner Books / Houghton Mifflin Harcourt HMH
SILVER	Mud Blooms	Ruth	Dickey	Harbor Mountain Press
SILVER	Odes to Lithium	Shira	Erlichman	Alice James Books
SILVER	Taste of the Earth, The	Hedy	Habra	Press 53
SILVER	Homespun Mercies	DJ	Hill	Light of the Moon
SILVER	Before the Sun Rises	Gwendolyn	Morgan	Homebound Publications
SILVER	Conversations with Mary: Words of Attention and Devotion	Jamie K	Reaser	Talking Waters Press
22B	LYRIC PROSE			
GOLD	All the Fierce Tethers	Lia	Purpura	Sarabande Books
GOLD	RidgeLines: A View of Nature and Human Nature	Jamie K	Reaser	Talking Waters Press
SILVER	Lampblack Blue of Memory: My Mother Echoes	Sarah	Adleman	Tolsun Books
SILVER	Dwelling: An EcoPoem	Scott Edward	Anderson	Shanti Arts LLC
SILVER	Hildegard of Bingen: A Poetic Journey	Colleen	Keating	Ginninderra Press
23	RELATIONSHIPS & COMMUNICATION			
GOLD	Eight Dates: Essential Conversations for a Lifetime of Love	John	Gottman, Julie Schwartz Gottman; & Doug Abrams, Rachel Carlton Abrams	Workman Publishing
GOLD	Radical Kindness: The Life-Changing Power of Giving and Receiving	Angela C.	Santomero	HarperWave /HarperCollins
SILVER	Loving Like You Mean It: Use the Power of Emotional Mindfulness	Ronald J	Frederick PhD	Central Recovery Press
SILVER	Third Person in the Room, The: Stories of Relationships at a Turning Point	Bea V.	Larsen Esq.	Nolan Kerr Press
SILVER	Year of Belonging, A	David	Levine	Teaching Empathy Press
SILVER	Truthspeaking: Ancestral Ways to Hear and Speak the Voice of the Heart	Tamarack	Song	Snow Wolf Publishing
**	<i>Truthspeaking</i> received Special Honors as 2019 Nautilus Best of Small Press			
24A	RELIGION /SPIRITUALITY OF EASTERN THOUGHT			
GOLD	When Bad Lands: How Not to Numb Out, Freak Out, or Bottom Out -Buddhist Style	Alan Kent	Anderson	HenschelHAUS
GOLD	Kindness for All Creatures: Buddhist Advice for Compassionate Animal Care	Sarah C	Beasley	Shambhala Publishing
SILVER	Gifts from the Goddess: Selected Works of Sri Amritananda Natha Saraswati	Michael M	Bowden, Editor	45th Parallel Press
SILVER	Way of Effortless Mindfulness, The: A Revolutionary Guide for Living an Awakened Life	Loch	Kelly	Sounds True
SILVER	Big Book of Chakras and Chakra Healing, The	Susan	Shumsky	Weiser Books
24B	RELIGION /SPIRITUALITY OF WESTERN THOUGHT			
GOLD	When God Was a Bird: Christianity, Animism, and the Re-Enchantment of the World	Mark I.	Wallace	Fordham Univ. Press
SILVER	Grateful: Transformative Power of Giving Thanks	Diana Butler	Bass	HarperOne /HarperCollins
SILVER	Feminine Spirit at the Heart of the Bible, The	Lynne	Bundesen	Anamchara Books
SILVER	Living Gospel, A: Reading God's Story in Holy Lives	Robert	Ellsberg	Orbis Books
SILVER	Way of the Warrior, The: An Ancient Path to Inner Peace	Erwin Raphael	McManus	WaterBrook /Crown Penguin RH
24C	RELIGION /SPIRITUALITY OF OTHER TRADITIONS			
GOLD	Holy Envy: Finding God in the Faith of Others	Barbara Brown	Taylor	HarperOne /HarperCollins
GOLD	Soul Conversations: A Medium Reveals How to Cultivate Your Intuition, Heal Your Heart, and Connect with the Divine	Austyn	Wells	Reveal Press /New Harbinger Publications
SILVER	Spiritual Rebel: A Positively Addictive Guide to Finding Deeper Perspective & Higher Purpose	Sarah	Bowen	Monkfish Book Publishing
SILVER	Piercing the Veil: A Skeptical Journalist Discovers Unseen Worlds	Kingsley	Guy	ttlharmony Publishing
SILVER	Runic Book of Days: A Guide to living the annual cycle of Rune Magick	S. Kelley	Harrell	Destiny Bks /Inner Traditions

SILVER 25	Shaman's Guide to Power Animals, The SCIENCE & COSMOLOGY	Lori	Morrison	Four Jaguars Press
GOLD	Optimist's Telescope, The: Thinking Ahead in a Reckless Age	Bina	Venkataraman	Riverhead Books /Penguin RH
SILVER .	Conscious: A Brief Guide to the Fundamental Mystery of the Mind	Annaka	Harris	Harper /HarperCollins
SILVER	Into the Planet: My Life as a Cave Diver	Jill	Heinerth	ECCO /HarperCollins
SILVER .	Tangled Mind, The: Unraveling the Origin of Human Nature	Nick	Kolenda	Kolenda Group
26	SOCIAL SCIENCES & EDUCATION			
GOLD	Call of the Wild and Free, The	Ainsley	Arment	HarperOne /HarperCollins
GOLD .	RANGE: Why Generalists Triumph in a Specialized World	David	Epstein	Riverhead Books /Penguin RH
SILVER .	Indistractable: How to Control Your Attention and Choose Your Life	Nir	Eyal	BenBella Books
SILVER .	Goodbye Homeboy: How My Students Drove Me Crazy and Inspired a Movement	Steve	Mariotti	BenBella Books
SILVER .	Art of Gathering, The	Priya	Parker	Riverhead Books /Penguin RH
27	SOCIAL CHANGE & SOCIAL JUSTICE			
GOLD	Think Black	Clyde W.	Ford	Amistad /HarperCollins
GOLD .	It's Not You, It's the Workplace: Women's Conflict at Work and the Bias That Built It	Andrea S	Kramer, & Alton B Harris	Nicholas Brealey /Hachette Book Group
SILVER .	For Dear Life: Women's Decriminalization and Human Rights in Focus	Carol	Jacobsen	Univ. Michigan Press
SILVER	Are We Done Fighting?	Matthew	Legge	New Society Publishers NSP
SILVER .	Reframing Poverty: New Thinking & Feeling About Humanity's Greatest Challenge	Eric	Meade	Canyon House Press
SILVER .	Represent: Woman's Guide to Running for Office and Changing the World	June Diane	Raphael, & Kate Black	Workman Publishing
SILVER .	Disrupting the Status Quo of Senior Living: A Mindshift	Jill	Vitale-Aussem	Health Professions Press /AARP
28	ALL WORLD CULTURES' CONSCIOUS GROWTH & DEVELOPMENT			
GOLD .	Fractured Grace: How to Create Beauty, Peace & Healing for Yourself and the World	Julie	Krull PhD	Best Seller Publishing
**	<i>Fractured Grace</i> received Special Honors as 2019 Nautilus Best of Self-Published			
GOLD .	Politics of Love: A Handbook for a New American Revolution	Marianne	Williamson	HarperOne /HarperCollins
SILVER .	Change Code, The: A Practical Guide to Making a Difference in a Polarized World	Monica	Bourgeau	New Phase Publishing
SILVER	Reforming Modernity	Wael B	Hallaq	Columbia Univ. Press
SILVER	Become America	Eric	Liu	Sasquatch Books
SILVER	DNA of Democracy, The	Richard C	Lyons	Lylea Creative Resources
29	WOMEN & MEN in the 21st Century			
GOLD	FIERCE: Essays by and About Dauntless Women	Nancy	Agabian; & 14 co-Authors	Nauset Press
SILVER .	Merchants of Light: The Consciousness That Is Changing the World	Betty J.	Kovacs PhD.	Kamlak Center
SILVER	Creatrix: She Who Makes	Lucy H	Pearce	WomanCraft Publishing
30A	CHILDREN'S PICTURE BOOKS / Fiction Story			
GOLD .	When God Made Light	Matthew Paul	Turner, & David Catrow, Illustrator	WaterBrook -Crown /PenguinRH
GOLD .	Maybe: A Story about the Endless Potential in all of Us	Kobi	Yamada	Compendium Inc.
SILVER	A Boy Named Penguin: Finding Happy	Aaron	LaPedis	Attila Publishing
SILVER	Warrior Princess, The	D L	Murphy	King's Land Tales
SILVER	Bad Day	Ruby	Roth	North Atlantic Books
30B	CHILDREN'S PICTURE BOOKS / Non-Fiction			
GOLD .	Welcome to Jazz: A Swing-along Celebration of America's Music	Carolyn	Sloan, & Jessica Gibson, Illustrator	Workman Publishing
SILVER	BIRDS	Carme	Lemniscates	Candlewick Studio
SILVER .	I Love Me	Sally	Morgan & Ambelin Kwaymullina	Andrews McMeel Publishing
SILVER	Mindfully Me 3-pack, The	Louise	Shanagher & Rose Finerty	Lilliputs Press

SILVER	Ways to Be from A to Z	Lori	Tuominen; art by Anouk Holm	Indie Owl Press
31A	CHILDREN'S ILLUSTRATED / Fiction Story			
GOLD	Dorje the Yak	Caryn	Hartman; Lexi Vay, Illust'r.	Pema Publishing
**	<i>Dorje the Yak</i> was awarded Special Honors as a 2019 Nautilus Best of Children's Books			
SILVER	If You Met a Yeti	Amy	Leask	Red T Media
SILVER	Everybody Loves Grace: An amazing true story of how Grace brings love to everyone she meets	Katy	McQuaid; Susan Lavalley, Illustrator	Everybody Loves Grace Publishing
SILVER	Guan Yin: The Buddha's Helper	Bhikshuni Jin	Rou & Terri Nicholson	Buddhist Text Translation Society
31B	CHILDREN'S ILLUSTRATED / Non-Fiction			
GOLD	Be Kind: You can make the world a Happier Place!	Naomi	Shulman; Hsinping Pan, Illustrator	Storey Publishing
GOLD	Migration: Incredible Animal Journeys	Mike	Unwin; Jennie Desmond, Illustrator	Bloomsbury Children's Books
**	<i>Migration</i> was awarded Special Honors as a 2019 Nautilus Best of Children's Books			
SILVER	Luna, the Mare with the Sky Blue Eyes	Dora	Dillistone	Desert Moon Graphics
SILVER	Poetic Science of Water	A.C.	Lemonwood	Jumbo Minds
SILVER	Handimals: Animals in Art and Nature	Silvia	Lopez; with art by Guido Daniele	Christy Ottaviano Books / Macmillan Children's Books
32	MIDDLE GRADES / Fiction			
GOLD	Wizenard Series: Training Camp	Kobe	Bryant, & Wesley King	Granity Studios /Rogers & Cowan
GOLD	Umijoo: Wondrous Tale of a Curious Girl and Her Journey Under the Sea	Casson	Trenor; & Caia Koopman, Illustrator	Shark & Siren Press
SILVER	Lost Heir, The	Rivera	Sun	Rising Sun Press
SILVER	Epoca: The Tree of Ecrof	Kobe	Bryant, & Ivy Claire	Granity Studios /Rogers & Cowan
SILVER	Red Dove, Listen to the Wind	Sonia	Antaki	One Elm Press /RedChairPress
SILVER	Other Words for Home	Jasmine	Warga	Balzer & Bray /HarperCollins
33	MIDDLE GRADES / Non-Fiction			
GOLD	Fighting for Justice: Biddy Mason Speaks Up	Arisa	White, Laura Atkins; & Laura Freeman, Illustrator	Heyday Books
SILVER	Book of Terrifyingly Awesome Technology, The	Sean	Connolly	Workman Publishing
SILVER	Heart of a Boy, The: Celebrating the Strength and Spirit of Boyhood	Kate T	Parker	Workman Publishing
SILVER	Limelight: Be a Game Changer with Me	Solli	Raphael	Andrews McMeel Publishing
SILVER	Our Future: How Kids are Taking Action	Janet	Wilson	Second Story Press
SILVER	What the Eagle Sees: Indigenous Stories of Rebellion and Renewal	Eldon	Yellowhorn, & Kathy Lowinger	Annick Press
34	YOUNG ADULT / Fiction			
GOLD	Beauty of the Moment, The	Tanaz	Bhathena	Farrar Straus Giroux Books for Young Readers
GOLD	Indigo Girl	Suzanne	Kamata	GemmaMedia
SILVER	Good Luck Girls, The	Charlotte Nicole	Davis	Tor Teen
SILVER	Speak No Evil	Liana	Gardner	Vesuvian Books
SILVER	Catfishing on CatNet	Naomi	Kritzer	Tor Teen
SILVER	But Not Forever	Jan	Von Schleh	Spark Press
35	YOUNG ADULT / Non-Fiction			
GOLD	An Indigenous People's History of the United States ~ For Young People	Roxanne	Dunbar-Ortiz; Debbie Reese, & Jean Mendoza	Beacon Press
GOLD	Warhead: The True Story of One Teen Who Almost Saved the World	Jeff	Henigson	Delacorte / Penguin RandomHouse
SILVER	SuperNavigators: Exploring the Wonders of How Animals Find Their Way	David	Barrie	The Experiment
SILVER	Breath of a Whale, The	Leigh	Calvez	Sasquatch Books
SILVER	Get Off the Bench!	Kerryn	Vaughan	Self
SILVER	We Are Puget Sound: Discovering and Recovering the Salish Sea	David	Workman	Braided River /Mountaineers
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